

Basic Schedule Outline for VASTA Conference 2017 in Singapore

Thursday August 3

- 12:00pm – 6:00pm: VASTA Board Meeting

Friday, August 4th

- 10:00am – 2:00pm: VASTA Board Meeting
- 2:00pm – 5:00pm: **Conference Registration** (Focus Group Meetings)
- 5:00pm – 6:00pm: Cocktails and Taste of Singapore
- 6:00pm – 8:00pm: Opening Remarks/Welcome/Special Presentation

Saturday, August 5th

- 9:00am – 9:45am: Somatic Experiencing Workshops (formally “Warmups”)
- 10:00am – 1:00pm: **Featured Presentations**
- 1:00pm – 3:00pm: LUNCH (not provided)
- 3:00pm – 6:00pm: **Featured Presentations**
- 6:00pm – 8:00pm: DINNER (not provided)
- 8:00pm – 10:00pm: **Identity Cabaret**

Sunday, August 6th

- 9:00am – 9:45am: Somatic Experiencing Workshops (formally “Warmups”)
- 10:00am – 1:00pm: **Featured Presentations**
- 1:00pm – 3:00pm: LUNCH (not provided)
- 3:00pm – 6:00pm: **Featured Presentations**
- 7:00pm – 9:00pm: Off-Site Celebration Dinner

Monday, August 7th

- 9:00am – 9:45am: Somatic Experiencing Workshops (formally “Warmups”)
- 10:00am – 1:00pm: VASTA Member Presentations
- 1:00pm – 3:00pm: LUNCH
- 3:00pm – 6:00pm: VASTA Member Presentations
- 6:00pm – 8:00pm: DINNER (not provided)
- 8:00pm – 10:00pm: Night off

Tuesday, August 8th

- 9:00am – 9:45am: Somatic Experiencing Workshops (formally “Warmups”)
- 10:00am – 1:00pm: VASTA Member Presentations
- 1:00pm – 2:30pm: LUNCH
- 2:30pm – 4:00pm: VASTA Member Presentations
- 4:00pm – 5:00pm: **Closing Ceremony**
- 5:30pm – 9:00pm: Board Meeting

Wednesday, August 9th

- **Singapore’s National Day – Festivities and Fireworks**

Conference Planners suggest flying in the evening of August 3rd or the morning of August 4th and flying out in the late afternoon/evening of August 8th or anytime thereafter. Board members will need to fly in earlier and leave later.